

Medical and General Country Information

1. Required Vaccinations and shots.

- a. Tetanus/diphtheria: Booster within last ten years.
- b. Measles/mumps/rubella

2. Recommended precautions.

- a. Use appropriate precautions against ticks due to risk of Lyme disease.
- b. Be aware of Bats due to risk of rabies infection.

3. Travel precautions.

a. Crime.

(1) Crime is low but pick-pocketing, muggings, "snatch and grab", theft of watches, cell phones, jewelry, and unattended bags are extremely common in urban areas, tourist sites, restaurants, buses, trains, and the London Underground (subway).

(2) Vehicle theft of unattended cars at tourist sites is common.

b. Travel Tips.

(1) Use only licensed "black taxi cabs" or car services recommended by reliable sources. Unlicensed taxis or private cars posing as taxis may offer low fares, but are often uninsured and may have unlicensed drivers.

(2) Pay particular attention to the U.S. State Department warnings for Americans traveling abroad.

(3) Always use the buddy system when traveling outside the camp areas.